

SKIN · SCIENCE · SOUL

A man in a light-colored tank top, dark shorts, and a cap is running on a sandy beach. The background shows the ocean with waves and a sunset sky. The word 'THRYVE' is overlaid in large white letters.

THRYVE

THRYVE MAN

thryveclinic.co.uk

WELCOME

At THRYVE, we believe men's health and wellbeing are best supported through consistent care, considered treatments, and an individualised approach that works in harmony with the body over time.

Our male-specific treatments are designed to address the unique needs of men's skin, body, hair, and overall wellbeing, with a focus on prevention, restoration, and long-term results. Each treatment is delivered through a personalised, clinically considered approach, combining advanced technologies, evidence-informed techniques, and a clear understanding of male physiology.

Whether the aim is to improve skin health, support body confidence, address hair concerns, reduce tension, or promote general wellbeing, every treatment is tailored to the individual.

A handwritten signature in white ink, reading "Sophie Riddell". The signature is fluid and cursive, with the first name "Sophie" on the top line and the last name "Riddell" on the bottom line, connected by a continuous stroke.

SKIN · SCIENCE · SOUL

MENS FACIALS

SKIN ROCKS £75

The Amplified Facial

The Control Facial

The Hydration Facial

The Hyperpigmentation Facial

The Regenerative Facial

The Support Facial

ADD-ON

Phototherapy 30 mins +£35

Exosome Mask +£15

Microneedling (<0.8mm) +£85

Peel +£20

MENS FACIALS

THRYVE EXOSOME REGEN FACIAL £120

An advanced regenerative facial designed to support skin repair, hydration and overall skin health.

THRYVE BESPOKE £85

Bespoke, Tailored facial prescribed specifically for your skin concerns

EXPRESS FACIAL £45

Express, Tailored facial prescribed specifically for your skin concerns

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HAIR & SCALP

TREATMENTS

Hair Loss & Scalp Consultation £50

ALLSKIN Med Hair Regeneration Programme £400

ALLSKIN Med Hair Regeneration Programme Course X3
£900

ADD-ON

Phototherapy 30 mins +£35

Exosome Mask +£15

Microneedling (<0.8mm) +£85

Peel +£20

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REFLEXOLOGY

FOOT REFLEXOLOGY

A structured reflexology treatment working across both feet using traditional techniques to support balance within the body.

Following an in-depth consultation, each session is adapted to the individual, targeting areas associated with internal systems to support circulation, lymphatic flow, and overall regulation.

This treatment is particularly suited to those experiencing fatigue, stress, disrupted sleep, or a general sense of imbalance.

45 minutes £70

60 minutes £85

90 minutes £115

REFLEXOLOGY

FACIAL REFLEXOLOGY

Facial reflexology using the Bergman Method and zone therapy, working across mapped reflex points on the face to support internal balance while also influencing the skin, lymphatic system, and underlying musculature.

45 minutes £75

A targeted treatment focusing on key reflex points to support internal balance while encouraging circulation and release of facial tension.

60 minutes £90

A more comprehensive treatment allowing for deeper work across the face, supporting lymphatic drainage, muscle relaxation, and visible skin revitalisation.

90 minutes £120

An extended treatment incorporating advanced techniques, allowing for deeper sculpting, prolonged lymphatic work, and a more immersive, restorative experience.

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PROCEDURES AND TESTS

IRON REPLACEMENT THERAPY

Consultation £200

IV treatment

£300 for 500mg

£600 for 1000mg

£800 for 1500mg

Please note we price fairly according to the cost of the prescription medicine. These prices are subject to change

BLOOD TESTS

Full Body wellness profile £400

Well man / Woman from £300

Tired all the time from £200

Nutritional Screen from £85

Hormonal Profile from £100

Full blood count from £85

Pre-weight loss screen from £85

We offer a comprehensive range of blood tests.

Prices are available separately

IRON CLINIC

Iron Screen £85

A blood test for iron deficiency and anaemia screening. We accept blood tests done elsewhere as long as within 30 days

Iron Infusion / Anaemia Consultation £200

A comprehensive appointment designed to assess and treat iron deficiency or anaemia. Your visit includes a full medical review, discussion of symptoms and blood results, and a personalised treatment plan where appropriate.

Intravenous Iron Treatment

500mg £350

1000mg £500

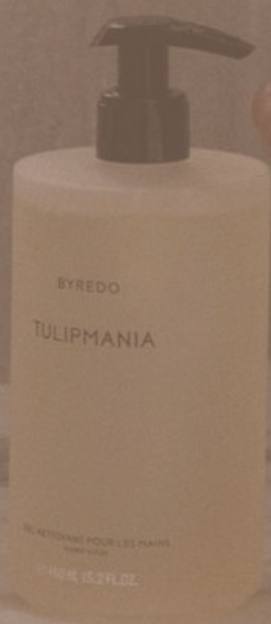
1500mg £700

Please note consultation and blood test fees are in addition to any treatment provided

Example; Total treatment dose of a 1000mg = £700 (excluding blood tests)

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