

SKIN · SCIENCE · SOUL

THRYVE

BRIDAL PROGRAMME

thryveclinic.co.uk

WELCOME

At THRYVE, we believe radiant wedding skin is achieved through consistent care, thoughtful planning, and regenerative treatments over time.

Healthy skin cannot be created overnight.

Our bridal programmes are designed to support the skin through a gradual journey of collagen stimulation, skin strengthening, and targeted refinement, ensuring you look calm, confident, and naturally radiant on your wedding day.

A handwritten signature in a cursive script, reading 'Sophie Bridgell'.

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THRYVE

OUR BRIDAL OFFERING INCLUDES:

- A dedicated Bridal Skin Consultation and skin analysis
- Structured 6-week, 6-month, and 12-month preparation programmes
 - Groom skin preparation programme
 - Private bridal party and hen experiences

The THRYVE approach allows treatments to be introduced safely and gradually, helping the skin to appear clear, balanced, and naturally radiant when it matters most.

Whether you choose a full preparation programme, a shorter 6-week Glow programme, or a private experience with your bridal party, our aim is always the same: to ensure you feel confident, calm, and beautifully prepared for your wedding day.

For further information or to begin your bridal skin journey, please contact the clinic or book online to arrange a THRYVE Bridal Skin Consultation.

To book exclusive bridal hire, please email us at hello@thryveclinic.co.uk

BRIDAL SKIN CONSULTATION

THE DETAILS

Your bridal skin journey begins with a dedicated consultation designed to understand your skin in detail and create a personalised preparation plan for the months leading up to your wedding.

This is a relaxed 1.5-hour private appointment, where you will enjoy champagne and refreshments while we explore your skin, your current skincare routine, and your goals for the wedding day.

A key part of this consultation is advanced imaging using the Observe 520x skin analysis system.

Unlike standard photography, the Observe 520x allows us to look beneath the surface of the skin, analysing deeper layers that cannot be seen with the naked eye. Specialised light modes reveal underlying concerns such as pigmentation, vascular redness, sun damage, dehydration, and early collagen changes.

This allows us to understand not only how your skin looks today, but what may be developing beneath the surface, allowing a far more precise and personalised treatment plan.

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BRIDAL SKIN CONSULTATION

THE DETAILS

During the consultation, we also review your current skincare routine in detail, identifying:

- which products are supporting your skin well
- what may be unnecessary
- where targeted additions may improve results

Using this information, we create your THRYVE Bridal Skin prescription, outlining the most appropriate treatments and timing in the months leading up to the wedding.

Consultation investment: £150

INCLUDES

- Advanced skin analysis using Observe 520x
- Detailed skin consultation
- Review and refinement of your skincare routine
- Wedding timeline planning
- Personalised THRYVE Bridal Skin prescription



TWELVE MONTH SKIN PROGRAMME

THE ULTIMATE SKIN PREPARATION JOURNEY

Designed for those beginning their skin preparation around twelve months before the wedding.

This programme allows time to address the deeper factors influencing skin quality, including collagen loss, pigmentation, vascular redness, hydration, and overall skin texture, allowing the skin to strengthen gradually over the months leading up to the wedding.

INCLUDES

- Bridal Skin Consultation with Observe 520x advanced skin analysis
- Personalised medical skincare programme with products to a value of £500
- 6 THRYVE Deluxe Facials (value £900)
- 4 Medical Microneedling Treatments (value £1,200)
 - Mesotherapy treatments x4 (value £1,000)
- Dermalux LED treatments throughout the programme according to skin need (value £650)
- 200 units anti-wrinkle treatment credit (value £600)

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TWELVE MONTH SKIN PROGRAMME

TREATMENT VALUE

Treatment value **£5,000**

Programme Investment **£2,500**

Equivalent to approximately **£208** per month for around **£417** worth of treatment value each month.

GRADUAL, NATURAL IMPROVEMENT IN:

- skin tone
- collagen production
- hydration
- texture
- overall skin health

The aim is for skin to appear clear, calm, and naturally radiant on the wedding day.



SIX MONTH SKIN PROGRAMME

FOCUSED SKIN PREPARATION

Designed for those beginning their skin journey around six months before the wedding.

This programme focuses on improving skin quality, hydration, and texture, while allowing time for collagen stimulation and subtle aesthetic refinement where appropriate.

INCLUDES

- Bridal Skin Consultation and Observe 520x skin analysis
- Personalised medical skincare plan with products to a value of £250
- 4 THRYVE Deluxe Facials (value £600)
- 2 Medical Microneedling Treatments (value £520)
- Dermalux LED course of 10 treatments (value £750)
- 100 units anti-wrinkle treatment credit (value £310)
- Mesotherapy treatments x2 (value £500)
- Review appointment 3 weeks before the wedding
- Priority booking throughout the programme

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SIX MONTH SKIN PROGRAMME

TREATMENT VALUE

Treatment value **£3,080**

Programme Investment **£1,995**

Equivalent to approximately **£333** per month for around **£513** worth of treatment value each month.

GOAL

Enhance skin quality and achieve a healthy, luminous complexion before the wedding day.



6 WEEK BRIDAL GLOW PROGRAMME

THE SKIN REFRESH

INCLUDES

Bridal consultation and Observe 520x skin review

- Two THRYVE Deluxe Facials (value £400)
- Dermalux LED course of 10 treatments (value £700)
- SkinCeuticals Glow Peel (value £195)
- Pre-wedding calming facial (value £165)

TREATMENT VALUE

Treatment value **£1,460**

Programme Investment **£895**

Equivalent to approximately **£149** per week for around **£243** worth of treatment value each week.

GOAL

Ensure skin is balanced, hydrated, and glowing for makeup application and photography.

GROOM PREP SKIN PROGRAMME

SKIN PREPARATION (6 MONTHS PRE WEDDING)

Wedding preparation is not only for the bride.

Our groom programme focuses on improving skin health, texture, and overall appearance, ensuring skin looks refreshed and healthy for the wedding day and photographs.

INCLUDES

- Skin consultation with Observe 520x skin analysis
- Personalised skincare plan with products to a value of £500
- 3 Medical Microneedling treatments (value £800)
- Dermalux LED course of 10 treatments (value £750)
- 200 units anti-wrinkle treatment credit

TREATMENT VALUE

Treatment value **£2,650**

Programme Investment **£1,595**

Equivalent to **£266** per month for around **£442** worth of treatment value each month.



THROW
A PARTY
IN
LONDON

BRIDAL PARTY & HEN EXPERIENCE

A PRIVATE THRYVE CELEBRATION

Celebrate your upcoming wedding with an exclusive private skincare evening at THRYVE.

The clinic is reserved entirely for your group, creating a relaxed candlelit environment where you and your bridal party can enjoy treatments, skincare discovery, and champagne together.

INCLUDES

- Exclusive private hire of the THRYVE clinic
- Deluxe THRYVE facial
- Dermalux LED treatment
- Personal skincare consultation and skin analysis
- Champagne and refreshments
- THRYVE skincare goodie bag (value £150)

THE VALUE

THRYVE Bridal Party Experience, a private clinic event for 3–8 guests.

Total value **£450 pp.**

Investment **£295** per guest (up to 3 guests)

£250 per guest (for 4–8 guests)



At THRYVE, we believe preparation should feel as considered and memorable as the wedding day itself.

Our bridal experiences are designed to bring together skin health, wellbeing, and quiet moments of celebration with those closest to you.

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